

PURPOSE

The purpose of the Palliative Care Education Day is to bring high quality, relevant, cost-effective education to the health service professionals and volunteers who devote their time to caring for people with life limiting disease.

BUT DE LA JOURNÉE

Le but de la journée en soins palliatifs vise à apporter une formation de grande qualité, pertinente et rentable pour les professionnels de la santé et les bénévoles qui consacrent leur temps à s'occuper des personnes dont l'espérance de vie est limitée à cause de leur maladie.



Champlain Hospice Palliative Care Program

The Program, established in 2011 with approval from the Champlain LHIN, is Ontario's first regional program working in the field of hospice palliative care. Its mission is to create and oversee a person and family-centred, integrated regional system for hospice palliative care in the Champlain region.

Programme de soins palliatifs de Champlain

Le Programme, mis sur pied en 2011 avec l'accord du RLISS de Champlain, est le premier programme régional de l'Ontario oeuvrant dans le domaine des soins palliatifs. Sa mission est de planifier et de créer un système qui fournit des soins intégrés, coordonnés, durables et axés sur la famille et la personne pour les patients recevant des soins palliatifs offerts dans la région de Champlain.

www.champlainpalliative.ca

SPONSORS/COMMENDITAIRES

GOLD - OR
◆ Kelly Funeral Homes
SILVER - ARGENT
◆ Bayshore Home Health
BRONZE
◆ Hospice Care Ottawa ◆ Ontario Medical Supply ◆ OutCare Foundation ◆ Vital Aire

Door prize provided by :

- Centurion Conference Centre

HOLD THE DATE

CHPCP Satellite session Palliative Care in LTC

**Thursday, September 21, 2017
0830 – 1230h**

Ottawa Conference and Event Centre,
200 Coventry Road, Ottawa ON, K1K 4S3

Topic: Challenges in Palliative Care and the Elderly, ACP and Goals of Care

Speakers: Dr. Benoit Robert, Dr. Jill Rice
and Dr. Declan Rowan

SESSION EN SOIRÉE

Session présentée en français par

Dr. Paul-André Gauthier

Dr. Gauthier est un infirmier clinicien spécialiste (ICS) en soins palliatifs depuis 1991. Il est retraité de l'enseignement des soins infirmiers en 2013 dans le nord de l'Ontario et est maintenant, en autres, bénévole à Maison des soins palliatifs Hospice (Sudbury) et agit comme consultant sur les questions de soins palliatifs. Même si il est à la retraite, le Dr. Gauthier a également livré de nombreuses conférences et présentations aux niveaux local, provincial, national et international sur les soins de santé et les soins palliatifs et, entre autre, sur la différence entre les soins palliatifs et l'euthanasie.

Mythes concernant les soins palliatifs et l'euthanasie

mardi, 9 mai, 2017
19h – 21h

Holiday Inn Express & Suites
500, croissant Brisebois, Orléans
\$25.00

Inscription: <http://conta.cc/2iBX7ru>

ou par la poste

Libeller le chèque au nom de: **Programme de soins palliatifs
de Champlain** et le poster avant le 28 avril 2017 à:

69 ave Primrose
Annexe C, Hôpital St-Vincent,
Ottawa, ON K1R 6M1

Vérifier le site web pour plus de renseignements
www.champlainpalliative.ca

La librairie **Le coin du livre** sera sur place pour la vente de livres



27TH ANNUAL HOSPICE PALLIATIVE CARE EDUCATION DAY

COMFORT AT THE END OF LIFE: Pain Management and more

**Wednesday, May 10th, 2017
08:30 – 16:00**

Registration begins at 08:00

Centurion Centre
170 Colonnade Road South
Ottawa, ON

PROGRAM

8:00 – 8:45

Registration and Coffee

8:45 – 9:00

Greetings & Opening Remarks

9:00 – 10:00

Medical Assistance in Dying and Coordinated Palliative Care Response

with Joshua Landry and Dr. Jill Rice
(Imperial/Empress Room)

Joshua Landry, M.Sc., Ph.D. (c) completed his Honours Bachelor of Health Sciences at the University of Western Ontario, and Masters of Science in Health Care Ethics and Law at Royal College of Surgeons in Ireland (RCSI). He continued his professional education by earning a Certificate in Clinical Ethics and Health Policy from the Center for Practical Bioethics in Kansas City, Missouri, and entered doctoral studies thereafter at Queen's university in the Department of Philosophy. Josh has presented extensively on Medical Assistance in Dying, and acted as expert consultant to the *External Panel on Options for a Legislative Response to Carter v Canada*.

Dr. Jill Rice is a physician for the Champlain Regional Palliative Consultation Team; an inter-professional program providing support to healthcare teams caring for palliative care patients in the community. She is a member of the Department of Palliative Care at Bruyère Continuing Care, Assistant Professor in the Division of Palliative Care at the University of Ottawa and Regional Palliative Care Lead for the Champlain LHIN.

Dr. Rice graduated from the University of Ottawa medical school in 1997. After completing a residency in rural family medicine at Memorial University of Newfoundland she worked in Newfoundland before returning to Ontario. In 2002-3 she completed fellowship training in Palliative Medicine at the University of Ottawa and in 2014 her MHS in Bioethics at the University of Toronto.

10:00 – 10:30

Break

10:30 – 11:45

Integrated Interdisciplinary cancer pain management with Jordi Perez MD, PhD and Ms. Christelle Remy (Imperial/Empress Room)

Jordi Perez, MD, PhD, FIPP is an anesthesiologist specialist in pain management. He is an associate professor of Anesthesia at McGill University and has been appointed Program Director of McGill Pain Medicine residency. He is Associate Medical Director of the Alan Edwards Pain Management Unit and Director of the MUHC Cancer Pain Program.

Christelle Rémy (B.Sc.N.) is a nurse clinician in oncology who works for the Ambulatory Cancer Pain Program. She coordinates the clinic and the triage of all referrals. She acts as resource with regards to pain treatment, symptoms management and teaching.

OR

Pain Management with alternate therapies (Agora Room)

Join **Debbie Schinzel** to learn about Tao Shiatsu, a Japanese healing art which involves applying the correct thumb pressure to reduce muscle tension and stagnant energy within the body. **Wendy Greene** will discuss the benefits of Reflexology which involves the application of pressure to the feet/hands with specific thumb, finger and hand techniques without the use of oil or lotion. **Erica Sainsbury**, RMT will discuss Craniosacral and Somato Emotional Release Therapy. While using a very light pressure, CST and SER can help release the mind and body of pain and tensions that can get stuck in the Craniosacral system and fascial networks of the body, while simultaneously improving the functioning of the Central Nervous System.

11:45 – 12:30

Lunch Break

12:30 – 13:15

Advance Care Planning with Dr. Declan Rowan

Dr. Declan Rowan is co-lead of the Regional Primary Care Cancer Program. He completed his medical training at Trinity College Dublin in 1994. He moved to Canada in 2000 working in a rural family practice in PEI. In 2006, he moved to Petawawa to work as a family physician at the Petawawa Centennial Family Health Centre. He is the clinical co-lead at the FHT and has co-chaired a collaborative working group with the University of Ottawa Heart Institute. He works with Health Quality Ontario as a primary care quality improvement champion.

13:15 – 14:30

Death Anxiety: Fear of Pain and Suffering with Dr. Paul-André Gauthier (Agora Room)

Dr. Paul-André Gauthier is a clinical nurse specialist in palliative care. In 2013, Dr. Gauthier retired as a nursing professor in Northern Ontario and now volunteers at Sudbury Hospice, among other organizations, and acts as a consultant on nursing issues. In retirement, Dr. Gauthier has also been delivering presentations at local, provincial, national and international levels to health-care professionals and other groups on the difference between palliative care and euthanasia

OR

Living and dying on the street with Dr. Naheed Dosani (Imperial/Empress Room)

Dr Naheed Dosani is a Palliative Care & Family Physician at William Osler Health System & the Inner City Health Associates (ICHA). He recently completed his fellowship in Palliative Medicine at the University of Toronto and prior to that, his Residency in inner-city Family Medicine, where he served as Co-Chief Resident of St. Michael's Hospital Family Medicine Residency Program. He is a researcher, with projects underway investigating the impact of housing on health, social media as a tool for communication among healthcare providers and palliative care for heart failure patients. He teaches medical students & residents, serves on the Board of Directors for the Agincourt Community Services Association and is the staff advisor for Students for Medicare. Dr. Dosani is passionate about the social determinants of health, inner city health, global health equity and social media

14:30 – 14:45

Break

14:45 – 16:00

Music Therapy with Jennifer Buchanan

Jennifer Buchanan Jennifer Buchanan is a certified Music Therapist (MTA), Past-President of the Canadian Association for Music Therapy, author and owner of [JB Music Therapy](#). She is instrumental in the implementation of hundreds of music therapy programs with her company. Jennifer has spoken internationally to a wide variety of education, healthcare, government, small business and corporate audiences. In addition to her extensive healthcare and education experience, Jennifer has completed her MBA to continue growing her 25 year, award winning and social-purpose business that is based in partnerships, connections, and networks.

2017 REGISTRATION FORM

On line registration (preferred):

<http://conta.cc/2iC3ZFe>

OR

Postal Registration

Please send cheque with the completed form to:

Champlain HPC Program
69 Primrose Avenue,
Annex C, St. Vincent Hospital
Ottawa ON K1R 6M1

Make cheque payable to:

“Champlain HPC Program”

(Please Print CLEARLY)

Title: Dr Mrs Ms Mr

Name: _____

Occupation: _____

Organization: _____

Address: _____

City, Province: _____

Postal Code: _____

Telephone: _____

E-mail: _____

Registration Fee: Circle your option

	Until April 21/17	After April 21/17 & at the door++
Regular	\$150	\$175
Volunteer or Student*	\$125	\$150
Morning only**	\$75	\$75
Afternoon only**	\$75	\$75

Includes light breakfast, lunch, and parking.

*Volunteers who received an OutCare Foundation bursary must register through their agency. Full time students only – you must show ID at the door.

** Does not include lunch

++ cheque only

Cancellations

Administration fee of \$50 will apply to cancellations until April 21. Cancellations after April 21 will not be refunded.

For more information contact:

Cheryl Teeter : 613-683-3779

E-mail- courriel: cteeter@champlainpalliative.ca